



trekking
THROUGH THE BIBLE

Teen Bible Reading Plan
Volume 1

Trekking Through the Bible™
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Trekking Through the Bible

Journey of a Lifetime

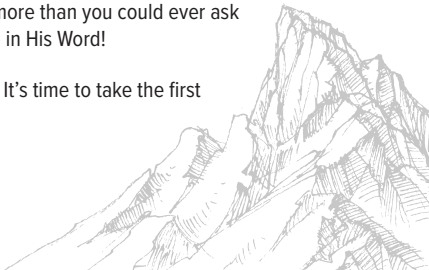
There is a journey every Christian should take, and yet, many of us never do. It is the journey through the Bible from Genesis to Revelation.

The Bible is the infallible Word of God. It is also the most beautiful love story ever written. The Bible tells us who God is and reveals who we are. It shows us God's unfathomable love, displayed in the sacrifice of Jesus. It declares life-changing truths and opens our eyes and ears to the lies of the world. It guides, strengthens, and encourages us. The Bible is truly a gift from God!

Throughout history, men and women have given their very lives to translate, preserve, and pass on the Bible. They knew it was a precious treasure and were willing to sacrifice so much to share it. Let us remember the incredible privilege we have in owning and reading the Bible!

We are so excited that you are setting off on this life-changing trek. God promises that His Word will not return to Him empty but will accomplish what He desires. We pray that you will stay the course and not lose heart, persevering until the very end. May God do incredibly more than you could ever ask or imagine through your time in His Word!

Grab your gear. Say a prayer. It's time to take the first step on the journey!



Trekking Through the Bible

How Trekking Through the Bible Works

Trekking Through the Bible was created to make it possible to read the entire Bible. We have thoughtfully addressed the common obstacles that often hinder people from accomplishing this goal.

No Time Limits to Discourage You. The goal is to read the whole Bible, not to complete it as fast as possible. Time limits can abruptly stop our reading as our busy lives cause us to fall behind and get discouraged. Trekking Through the Bible allows you to progress through readings without time limitations. You are in full control of the pace of your journey. Remember, even slow, small steps forward will eventually get you to your destination.

No Getting Stopped in Challenging Books. Certain books of the Bible are tough to read. Rather than getting bogged down in one tough book for an extended period of time, Trekking Through the Bible will keep you reading from two places in the Bible simultaneously. This makes it easier to stay engaged and committed. Bookmarks are included for you to mark the different Bible readings.

No Giving Up. We all need encouragement along the journey. Trekking Through the Bible incorporates small ways to keep you motivated and to remind you why this journey matters.

Trekking Through the Bible

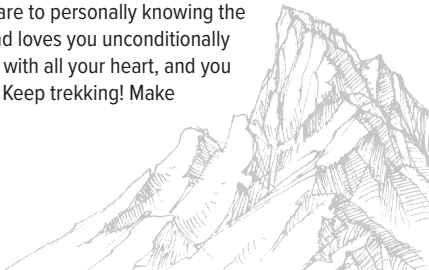
How to Read the Bible

Start with prayer. Before reading the Bible, always start by praying to God. As fallen sinners, we cannot understand God's Word on our own. We need the Holy Spirit to give us understanding and to enable our hearts to believe the truths in the Bible. Pray that God would bless your time reading His Word—giving you wisdom, increasing your faith and love, and transforming your life.

Seek God. While the Bible is filled with many interesting supporting characters, God is the center of the story. From Him and through Him and for Him are all things! As you read the Bible, seek to know God. The more you understand who God is, the more it will change the way you see yourself and everything else in this world.

Live it out. God gave us His Word so we could know it and live by it. The Bible is clear that we are to be not only hearers of the Word but also doers of it. As you read the Bible, pray that God would show you areas where you are living contrary to His Word and that He would give you a humble heart that desires to repent and faithfully follow His good ways.

Press on. Nothing can compare to personally knowing the one true God who created and loves you unconditionally and unfathomably. Seek God with all your heart, and you will find Him. Do not give up! Keep trekking! Make it to the end of the journey.



TREKKING THROUGH THE BIBLE KEY

Mile Markers/Destinations Logged

MILE
1



This trek is divided into three parts (volumes), each with 185 readings. Markers along the way help you track how far you've gone. Every book of the Bible you complete is a destination reached. This is a great achievement and worth logging! There are 66 destinations on the way to the summit.

Navigating the Obstacles

You'll encounter obstacles in life that will tempt you to wander off the narrow path. Your Guide has given you His Word—revealing the truth, so you know the way to navigate onward.

Prayer Journal

It is an amazing blessing and privilege to pray to God! Throughout this trek, make praying a priority and routine. Use the prayer journal to help you remember things to pray over.

Log Your Journey

Track your progress through the Bible as you complete each book.

Old Testament

- | | | | |
|--------------------------------------|---------------------------------------|----------------------------------------|------------------------------------|
| <input type="checkbox"/> Genesis | <input type="checkbox"/> 1 Kings | <input type="checkbox"/> Ecclesiastes | <input type="checkbox"/> Obadiah |
| <input type="checkbox"/> Exodus | <input type="checkbox"/> 2 Kings | <input type="checkbox"/> Song of Songs | <input type="checkbox"/> Jonah |
| <input type="checkbox"/> Leviticus | <input type="checkbox"/> 1 Chronicles | <input type="checkbox"/> Isaiah | <input type="checkbox"/> Micah |
| <input type="checkbox"/> Numbers | <input type="checkbox"/> 2 Chronicles | <input type="checkbox"/> Jeremiah | <input type="checkbox"/> Nahum |
| <input type="checkbox"/> Deuteronomy | <input type="checkbox"/> Ezra | <input type="checkbox"/> Lamentations | <input type="checkbox"/> Habakkuk |
| <input type="checkbox"/> Joshua | <input type="checkbox"/> Nehemiah | <input type="checkbox"/> Ezekiel | <input type="checkbox"/> Zephaniah |
| <input type="checkbox"/> Judges | <input type="checkbox"/> Esther | <input type="checkbox"/> Daniel | <input type="checkbox"/> Haggai |
| <input type="checkbox"/> Ruth | <input type="checkbox"/> Job | <input type="checkbox"/> Hosea | <input type="checkbox"/> Zechariah |
| <input type="checkbox"/> 1 Samuel | <input type="checkbox"/> Psalms | <input type="checkbox"/> Joel | <input type="checkbox"/> Malachi |
| <input type="checkbox"/> 2 Samuel | <input type="checkbox"/> Proverbs | <input type="checkbox"/> Amos | |

New Testament

- | | | | |
|----------------------------------------|------------------------------------------|------------------------------------|-------------------------------------|
| <input type="checkbox"/> Matthew | <input type="checkbox"/> 2 Corinthians | <input type="checkbox"/> 1 Timothy | <input type="checkbox"/> 2 Peter |
| <input type="checkbox"/> Mark | <input type="checkbox"/> Galatians | <input type="checkbox"/> 2 Timothy | <input type="checkbox"/> 1 John |
| <input type="checkbox"/> Luke | <input type="checkbox"/> Ephesians | <input type="checkbox"/> Titus | <input type="checkbox"/> 2 John |
| <input type="checkbox"/> John | <input type="checkbox"/> Philippians | <input type="checkbox"/> Philemon | <input type="checkbox"/> 3 John |
| <input type="checkbox"/> Acts | <input type="checkbox"/> Colossians | <input type="checkbox"/> Hebrews | <input type="checkbox"/> Jude |
| <input type="checkbox"/> Romans | <input type="checkbox"/> 1 Thessalonians | <input type="checkbox"/> James | <input type="checkbox"/> Revelation |
| <input type="checkbox"/> 1 Corinthians | <input type="checkbox"/> 2 Thessalonians | <input type="checkbox"/> 1 Peter | |

Prayer Journal

PRAY

Praise. Repent. Ask. Yield.

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-
-
-

BIBLE READINGS



MILE
1

Genesis 1

Matthew 1



Genesis 2

Matthew 2



Genesis 3

Matthew 3



Genesis 4

Matthew 4



Genesis 5

Matthew 5



Genesis 6

Matthew 6



Genesis 7

Matthew 7



Genesis 8

Matthew 8



Genesis 9

Matthew 9



Genesis 10

Matthew 10



Genesis 11

Matthew 11



Genesis 12

Matthew 12



Genesis 13

Matthew 13



Genesis 14

Matthew 14



MILE
15

Genesis 15

Matthew 15



Log Your Journey | Miles and Destinations

MILE
1

MILE
15